

Wellness Committee Notes

November 21, 2006 Agenda

Attendance:

Susan Geroges, Carolyn Arndt, Jane Klotzle, Susan Mansor, Linda Porter, Lucy Rhodes, Joanne O'Connor, Cynthia Benson, Carol Borghese, Rebecca Noe, Donna Moltenbrey, Maureen Granger and Marie Rogers

1. Thanks'
2. Lunch & Learn
 - a. Review of Nov. 15th Richard Girard
 - b. Update on Dec 6th - Jennifer Coppola
3. Health Screenings
4. Staff Physical Activities

#1. Carolyn thanked different members of the committee for all the hard work they do.

#2.

- a. Had 70 pp for the Nov. 15th lunch
- b. Dec. 6th luncheon will be on Long Term Care. An e-mail will be sent out to remind people to sign up for this.
- c.

#3. Health Screening will be held on Dec. 13th. Maureen will send an e-mail out to Pinkerton all with reply due by Dec. 6th. A questionnaire needs to be completed and sent to screener 1 week before screening day. A sign-up sheet will be generated and scheduled by Rebecca Noe, using 20 minute slots. The day will begin at 7:15 and continue to 2:15. Marie will handle getting a cash box and change for payments. Also she will speak with Ed Jones about partitions needed for 2 private consulting areas. Area needs to be set up on the 12th, screening staff will be here 6:45 on the 13th.

#4 Rebecca Noe suggested more social activities are wanted by staff.

Team in Training: people come together weekly to train for different races/marathons. Start date would be about March 1st, maybe utilize the field house if possible for those cold mornings? Committee thought it was a good idea, in future meetings will finalize? Another idea was a scavenger/treasure hunt on an early release day. Marie will check to see if we have any ½ days that are not curriculum full.

NEXT MEETING DATE: December 19th